

Client Name: _____ MI _____ Date of intake: _____ \ _____ \ _____
 Address: _____ Diet: General Diabetic Other: _____
 City, State, Zip: _____ Microwave: Yes No
 Can you reheat frozen meals? _____
 Phone: (_____) _____ - _____
 Cell: (_____) _____ - _____ Y N Older individual at risk of institutional placement?
 SSN: _____ - _____ - _____ Hospital Discharge
 LTC Discharge
 D.O.B. _____ \ _____ \ _____ Loss Of Support
 Illness \ Injury
 Monthly Income: \$ _____ G.S.N Yes ___ No ___ Other: _____

Impairments: (sight, hearing, mobility) _____
 Sex: Male Female
 Lives With: Alone Spouse Children Relatives Non-Relatives # in Household: _____
 Race: White Black Hispanic Other: _____
 Speaks English: Yes No Other: _____ Limitations: Yes ___ No ___
 Marital Status: Single Married Widowed Divorced
 Transportation: Own Car Public Trans Senior Trans Family\Friend No Transportation
 Currently Assisted By: Family Friends Agency: _____ Medical Alert System: _____

Emergency Contact: Alternate Contact:
 Name: _____ Name: _____
 Relation: _____ Relation: _____
 Day Phone: (_____) _____ - _____ Day Phone: (_____) _____ - _____
 Evening Phone: (_____) _____ - _____ Evening Phone: (_____) _____ - _____

PHYSICIAN'S INFORMATION
 Name: _____ Phone: (_____) _____ - _____ Fax (_____) _____ - _____ Hosp: _____

Meal Service:

Hot Meals	Mon _____	Tue _____	Wed _____	Thur _____	Fri _____
Dinner Sacks	Mon _____	Tue _____	Wed _____	Thur _____	Fri _____
Frozen Meals	Mon _____	Tue _____	Wed _____	Thur _____	Fri _____

Donation Statement if other than participant: Send To: _____

Delivery Instructions: _____

Do you have dogs in the home? # _____
 Relation To Participant: _____ Phone: (_____) _____ - _____

Referral Source:
 Name of Person making referral: _____ Phone: (_____) _____ - _____
 Agency of Referral or Relation to participant: _____
 How did you hear about Lifescape? _____

Nutritional Assessment

I have an illness or condition that has made me change the kind or amount of food I eat.	Yes	No	Unknown	Elects not to answer
I take three or more different prescribed or over-the-counter drugs a day.	Yes	No	Unknown	Elects not to answer
I have tooth or mouth problems that make it hard for me to eat.	Yes	No	Unknown	Elects not to answer
Without wanting to, I have lost or gained ten pounds in the last six months.	Yes	No	Unknown	Elects not to answer
**I am not always physically able to shop, cook, and/or feed myself.	Yes	No	Unknown	Elects not to answer
I eat less than two meals a day	Yes	No	Unknown	Elects not to answer
I don't always have enough money to buy the food I need.	Yes	No	Unknown	Elects not to answer
I eat few fruits and vegetables, or milk products.	Yes	No	Unknown	Elects not to answer
I eat alone most of the time.	Yes	No	Unknown	Elects not to answer
I have three or more drinks of beer, liquor or wine almost every day.	Yes	No	Unknown	Elects not to answer

- Y N Are you able to leave your home on a daily basis (vs. only for doctor appointments)
- Y N Are you able to drive? If no, how do you get your groceries?
- Y N Are you able to prepare a hot main meal?
- Y N Are you able to prepare a light meal such as a cereal or a sandwich?
- Y N Do you have difficulty chewing, swallowing, or cutting your food?
- Y N Do you have a food allergy? If yes, list:
- Y N Is there a spouse or disabled child who is unable to cook and in need of a meal?
- Y N Do you need special utensils to eat your meal? Type:

Assessment of Need for Assistance with ADL'S and IADL'S

Key:	0	Independent \ No Impairment	A	Needs assistance but refuses
	1	Minimal Assistance \ Mild Impairment	D	Does not know if needed
	2	Moderate Assistance \ Some Impairment	E	Elects not to answer
	3	Maximum Assistance \ Total Impairment		

Instructions: Circle the number or letter that corresponds with the statement (see above key) which most closely describing the clients ability with regard to each ADL and IADL

Activities of Daily Living (ADL'S)					Instrumental Activities of Daily Living (IADL'S)					
Eating:	0	1	2	3 A D E	**Preparing Meals	0	1	2	3 A D E	
Dressing:	0	1	2	3 A D E	Being Alone:	0	1	2	3 A D E	
Bathing:	0	1	2	3 A D E	Medication Management:	0	1	2	3 A D E	
Toileting:	0	1	2	3 A D E	Money Management:	0	1	2	3 A D E	
Transferring: Bed or Chair	0	1	2	3 A D E	Telephone Use:	0	1	2	3 A D E	
Grooming:	0	1	2	3 A D E	Heavy Housework:	0	1	2	3 A D E	
**Note statement #5 in the Nutritional Risk Assessment and the first and last statements in the IADL Assessment. Clients must be unable to shop, cook, and/or feed themselves and require assistance with Meal Preparation and Transportation to qualify for Home Delivered Meals.						Light Housework:	0	1	2	3 A D E
						Transportation:	0	1	2	3 A D E

Benefits		Veteran
1= Medicaid	7= LIHEAP \$1,300 or \$1,750	1 = Veteran
2= Medicare	8= Homestead Exempt = TxBreak	2 = Spouse of Veteran
3= Circuit Breaker Tax	9= Unknown	3 = Not a Veteran
4= SSI	10= Tax Exempt Freeze =Giveup	4 = Unknown
5= Food Stamps	11= CCP Services	
6= Circuit Breaker Pharmæ	12= QMB/SLIB = PA Insurance	

Circuit Breaker (65+)	Living Arrangement
1= Household income less than \$22,218 \ 29,480	1 = Home Owner 6 = Senior Housing
2= Newly eligible new guidelines (over \$22,218)	2 = Renter 7 = Other
3= Completed Circuit Breaker application	3 = Adult Home 8 = Unknown
4= First time filing for Circuit Breaker	4 = Cong Facility 9 = Homeless
5= Medicaid (help provided in applying for Medicaid)	5 = Nursing Home

Y N Are you aware of our agency's donation agreement policy? Y N Discussed Rights & Responsibilities Form

Y N Are you willing to call our agency to cancel the meal if for any reason you will not be home

Y N Are you able to provide a meal for yourself should we not be able to deliver to you in severe weather?

Y N Do you need in-home help or help with other benefits and services (meds, fuel, transportation)?

Y N Permission to refer? Y N Referral Form completed to:

Have you or any of your family members worked for a company located in Winnebago \ Ogle County? (circle one)

Name of company: _____

Additional Information (Optional)

FOR OFFICE USE ONLY	Disposition:	Expected Duration:
Denied (reason) _____	_____ 1 Month or less	_____ Up to 6 Months
Home Delivered Meals Authorized Start Date _____	_____ Up to 1 year or more	_____ Congregate possibility
Completed By _____		

Napis ID _____ Tower ID _____ Napis Nutritional Risk Score _____

Route # Mon____ Tue____ Wed____ Thur____ Fri____